

THE BLUE HERON

GREAT FOOD • CRAFT BEER • GREAT VIEW •



BREAKFAST

PGCC Morning Special — 13.75

2 eggs, any style, choice of bacon, baked ham or sausage, toast & shredded hash browns.

Corn Beef Hash & Eggs — 13.75

Peppers, onions and pan fried potatoes topped with two over-easy eggs.

2+2+2+2 — 14.75

2 eggs, 2 pancakes, 2 strips of bacon and 2 sausages served with shredded hash browns.

Bacon or Ham 'n Egger — 11.95

Bacon or ham with an egg in a grilled bun with cheese, lettuce, tomato & onion. Served with shredded hash browns.

+ Add extra ham or bacon \$2

Eggs Benny or Blackstone — 15.75

Served with shredded hash browns.
+ 1/2 order \$11.95

Big Bowl of Oatmeal — 5.95

Toast or English Muffin & Preserves — 2.95

OMELETTES

PREPARED WITH 3 FRESH EGGS AND SERVED WITH SHREDDED HASH BROWNS AND TOAST.

Denver — 15.25

Loaded with baked ham, fresh peppers and onions.

The Big Cheese — 13.75

Lots of cheesy goodness!

Spanish — 15.25

Fresh peppers, tomatoes and onions, w/ cheddar & mozzarella cheese, and salsa on the side.

ADD HAM OR BACON \$2.00 ADD EXTRA CHEESE, ONIONS, FRESH PEPPERS, MUSHROOMS OR TOMATOES \$1.00 EA

OFF THE GRIDDLE

Big Fluffy Buttermilk Pancake — 6.50

+ Add a second for \$2.95 Strawberries & whip cream \$2.50

Belgian Waffle — 10.25

Golden French Toast — 10.75

French bread dipped in fresh egg and grilled to golden brown. Dusted with cinnamon and confectioner's sugar.

SALADS

Add grilled chicken \$5.50

Chef Salad — 15.75

Mixed greens topped with sliced ham, turkey, egg, cheese, tomatoes and cucumber. Served with french grilled garlic toast.

Squirrel Salad — 13.75

Mixed greens, tossed with strawberries, grapes, walnuts and almonds with raspberry vinaigrette dressing.

Crunchy-Crisp Salad — 13.75

Greens, topped with fresh chunks of crisp apple & cucumber, feta cheese, and crunchy walnuts and almonds. Served with a light White balsamic vinaigrette dressing.

Thai Chicken Salad — 16.25

A nest of shredded greens topped with chicken, peppers, onions, almonds, walnuts & rice noodles. Served with coconut Thai sauce.

GOURMET GRILLED CHEESE

Includes choice of fries or side green salad

Grilled Bacon, Cheddar & Apple — 14.25

Grilled Prosciutto, Cranberry & Havarti — 14.25

The Go-To Grilled Ham 'n Cheese — 11.95



CHANGES SUBJECT TO ADDITIONAL CHARGE. APPLICABLE TAXES / GRATUITY NOT INCLUDED. PLEASE ADVISE YOUR SERVER OF ANY ALLERGIES.

We are celebrating our 100 year anniversary! Penticton Golf & Country Club est 1922

DAILY FAVOURITES

Includes choice of bread with golden cut fries or side green salad

+ Prefer it in a wrap? Yes we can! Add \$1. +

Sandbagger Sandwich — 9.95

Fresh, roasted in house Black Angus Beef, Egg, Tuna or Turkey.

Veggie Garden — 10.95

Sliced tomato, cucumbers, fresh peppers, onions, swiss cheese & mayo on marble rye.

Asian Salad Rolls — 13.50

Delicate rice wrappers filled with rice noodles, prawns, cilantro, carrots, lettuce and cucumber w/peanut sauce.

Par 4 Burgers — 14.95

Choose from a 6oz. butterfly chicken breast, 6 oz. seasoned beef patty, Veggie, or Pacific pink Salmon filet w/tartar on a grilled bun w/ lettuce, tomato, onion, pickle and mayo.

+ Add cheddar or swiss cheese or bacon for \$2, sautéed mushrooms for \$1.25

Hot Roast Beef — 14.25

Shaved Black Angus roast beef served open faced and drizzled with gravy.

Pulled Pork Poutine — 11.95

Bed of golden fries topped with pulled pork & cheese curds, and covered with steaming gravy and a dollop of sour cream.

Chicken Fingers 'n Fries — 14.25

Served with Fries or Tossed Side Salad

Liver 'n Onions — 13.75

Home style liver topped with crispy bacon, fried onions, gravy and served with pan fried potatoes.

+ Liver lover? Add a second piece for \$3.50

Beef Dip & Swiss — 14.25

Roasted Angus beef and melted swiss cheese on a fresh hoagie bun. Served with au jus on the side.

BLT — 11.95

Bacon, lettuce, tomato and mayo on your choice of toasted bread.

Quesadilla — 15.25

Pulled Pork, Chicken or Vegetables on a grilled tortilla with onions, peppers and mixed cheese. w/ Salsa, Guacamole & Sour cream on the side.

+ Quesadilla Light? 6" served w/ veggie sticks, salsa and sour cream - \$8.50

Seafood Tacos — 14.95

Battered cod or sautéed prawns with cabbage, tomato, cilantro, guacamole and fresh homemade taco sauce.

The PGCC Clubhouse — 15.75

Roasted turkey, bacon, cheddar cheese, lettuce and tomato with mayo on toasted bread of choice.

APPIES

Albatross Platter — 35.95

Choose three (3) of our favorite appetizers from below, we'll include the fries and rings. Big enough to share!

+ Wings, Chicken Fingers, Dry Garlic Ribs, Breaded Prawns, Spring Rolls

Nachos for 2 — 17.50

Tri colour tortilla chips layered with cheese, onions and peppers, tomatoes and black olives. Served with salsa, jalapeno, sour cream and guacamole.

+ Add hamburger or chicken \$5.50

Wings

BBQ, Hot, Honey Garlic, Sweet Chili, Teriyaki, Lemon Pepper

+ 1/2lb- \$8.50 1lb- \$14

Dry Garlic Ribs — 13.95

Breaded pork ribs with sweet chili sauce.

Breaded Prawns — 13.25

Butterflied and breaded, served with cocktail sauce.

Veggie Plate — 11.95

Mixed fresh veggie plate with ranch dip.

Spring Rolls — 9.95

Veggie filled classic dipper with tasty Plum sauce

Basket of Goodness

Fries \$5.75 | Yams \$5.95 | Onion Rings \$6.50

PIZZA

Made fresh in house, 12" thin crust pizza. Served daily after 2pm

Meat Lovers — 24.95

Grimm's local Garlic Salami, Pepperoni, Ham, Bacon, Peppers & Onions

Mediterranean — 23.95

Shrimp, Feta, Black Olives, Peppers & Onions

Hawaiian Deluxe — 21.95

Ham, Pineapple, Peppers & Onions